

MOUNTAIN OATS



WHO WE ARE

Anna and Jesse are the sisters behind Mountain Oats and started making and selling granola in the summer of 2024. Basing their recipe on their dad's homemade granola, they tinkered away to come up with the perfect balance of sweet, crunchy and healthy.

OUR GRANOLA

Our granola is sweetened with Canadian maple syrup and is completely vegan. We use coconut oil and a small amount of brown sugar to get a crunchy texture and a caramelly flavour.

TOASTED MAPLE NUT

Our original recipe made with almonds for flakiness, walnuts and sunflower seeds for heartiness and pecans for elevated flavour.



500 g recyclable pouches
Made with Gluten Free Oats
Vegan

Case Pack: 10/500g Bags (single or split cases)
Minimum order 1 case
Shelf life: 4 months

Turnaround time for orders is 14 days

Free delivery to Nelson, Kaslo, Castlegar, Trail, Salmo,
Rossland

Suggested Retail price - \$18-\$19
Price - \$140/Case



HEMP COCONUT CRUNCH

Made to be allergy friendly with sunflower, pumpkin and hemp seeds full of healthy fats and protein and coconut flakes for crunch.



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